

Contact Info

To learn more about Early Intervention and children's therapies available through UCP, please contact:

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UCP Central PA

Director of Childhood Programs
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UCP receives all referrals for services through the child's home county Early Intervention program. If you feel your child may be experiencing, or is at risk for, developmental delays, contact your home county Early Intervention program.

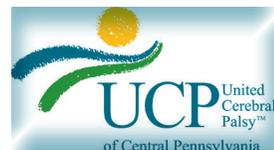
COUNTIES SERVED

- Cumberland/Perry
- Dauphin
- Franklin/Fulton
- Lancaster
- Lebanon
- York/Adams

Funding for Early Intervention services is provided, in part, by the community's contribution to the United Way of Carlisle and Cumberland County.



UCP assures equal opportunities for all individuals regardless of age, sex, race, color, religious creed, ancestry, national origin, disability, handicap, sexual preference, life style, political belief, union membership, limited English proficiency, and any other class of individuals protected from discrimination under state or federal law.



For more information about UCP programs and services, call locally: 717-737-3477 call toll-free: 800-998-4827 or visit www.ucpcentralpa.org

Find us at ucpcentralpa.org:

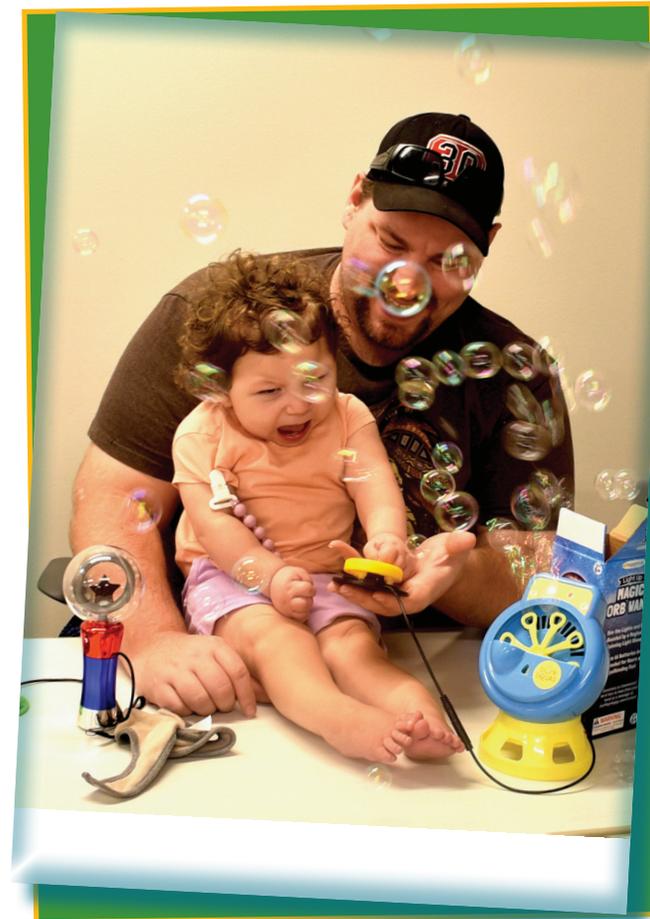


EARLY

INTERVENTION

therapies from birth to age 3

a service of UCP Central PA



Offering your child every opportunity for a great start in life.

Live and love without limits.



Learn. Grow. Develop. Experience all life has to offer.



a partnership of Parents and Professionals

UCP's Early Intervention (EI) services are based on the premise that ability knows no boundaries. To that end, our team of therapists provides essential support for families of children from birth to age three who are experiencing, or are at risk for developmental delays.

We work together with family members to help children learn and grow to their full potential. We do that by encouraging independence in everyday life, focusing on the child's individual strengths, and providing learning opportunities through playful interaction and engagement in daily routines.



We don't simply work with your children. We work with you to support your child in their world.

UCP's EI staff also work closely with childcare providers and other caregivers to provide therapies in the child's natural environment... whether in the home, at their childcare center, in the community, or in another familiar setting. The purpose of a hands-on coaching approach is to incorporate strategies that make therapy a seamless part of the child's--and the family's--everyday routine. EI staff also facilitate the collaboration between a family and other beneficial UCP supports such as Family Support Services and Assistive Technology.



Our EI therapists become part of your world.

- **Occupational Therapy (OT) services focus on helping children develop fine motor (small muscle) skills such as reaching and grasping.** The OT also works on self-help skills like feeding, dressing, and hygiene... and may address sensory-integration issues as well.

- **Physical Therapy (PT) services focus on gross motor (large muscle) skills such as rolling, crawling, and walking.** PTs also work on flexibility, strength, balance, coordination, endurance, and motor planning. They may address orthotic needs and make seating and positioning recommendations.

- **Speech Therapy (ST) services focus on skills related to communication, including expressive and receptive language.** The ST addresses the production of sounds, words and sentences to interact with others. They may explore alternatives like signs or communication devices to help children best express themselves. They will also work to increase a child's understanding of language.

- **Special Instruction (SI) services focus on cognitive, social, emotional, and play skills.**

The SI facilitates thinking and problem-solving skills to enhance the child's opportunities for engagement throughout the day. The SI works with the family and others to help the child understand and manage his or her emotions to build relationships in a variety of different environments and routines.

- **Registered Dietitian (RD) services or Nutritional Therapy completes the cycle of support provided by UCP's EI therapists.**

A trusted member of the child's health care team, the RD works with family members and doctors to assess nutritional risks, communicate concerns, and make recommendations to support the child's continued growth and development.

the intersection of Passion and Purpose

Our therapists have a passion for--and a proven track record of--supporting not only infants and children with complex medical conditions or diagnoses, but their parents as well, so that the entire family unit may develop and grow together. But you don't have to take our word for it. See for yourself:

“ Our son's Special Instructor from UCP has truly been a light on our journey... Thanks to her guidance, I now use positive reinforcement more effectively, and we've implemented a visual routine with photos that has made a huge difference for him. Norys has shared several practical, easy-to-do ideas for home activities— she can turn even a simple toilet paper roll into a learning tool!



Her support has benefited not only my son, but me as a mother as well. I feel more prepared, supported, and equipped with resources to help him grow. I'm deeply grateful for everything she does.

~ Carla F, thankful EI mom

UCP Early Intervention and Family Support Services Facebook page provides updates on family-related educational opportunities and resources, as well as social activities going on throughout the community we serve.

