### Early Intervention
Therapies and other supports for children from birth to age 3 who are experiencing or at risk for developmental delay

**344**

### Family Support Services
A unique multi-tiered system of support for parents, siblings, and extended family members of individuals with disabilities

**304**

### Community Habilitation
One-on-one support that facilitates greater independence and a full life through life skills training, volunteerism, and/or recreational opportunities

**42**

### Community Participation Supports
Support to build strong community connections by matching each person's strengths, preferences, and abilities with available local opportunities

**145**

### Residential Services
Residential living options that provide a nurturing and supportive family environment, rich with life experiences. Support options range from a few hours to 24/7, and from apartment living to a 4-person home offering valuable independent living and life skills development

**1,702**

### Assistive Technology
Devices, equipment, services, and supports that enhance independence for people of all ages

**52**

### Participant Directed Services (Agency with Choice)
Support service model that gives individuals the freedom to direct their own services, both at home and in the community

**790**

### Employment Supports
One-on-one support, resources, and access that helps people secure, maintain, and succeed at competitive, meaningful employment

**63**

Find us at ucpcentralpa

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**UCP CENTRAL PA HIGHLIGHTS**

**2021 – 2022**

**Seventy Years of Service**

1953 – 2023

more than our name
What began in 1953 as a therapeutic service for children with Cerebral Palsy has evolved tremendously over the past seven decades. Today, UCP is a premier provider of services that encourage and empower each individual we support to learn, grow, develop relationships, and experience joy. That’s because we support the individual, whatever the diagnosis. The most common diagnoses or conditions of the people we supported over the past year include:
- Intellectual/Developmental disability
- Developmental delay
- Cerebral Palsy
- Traumatic brain injury
- Down Syndrome
- Autism
- Premature birth

a tower of strength in shaky times
Over the past two years, UCP has had to significantly modify the way we deliver our services in order to continue to engage individuals and provide opportunities for growth and success as they go about their everyday lives. Here is an example of how one UCP superstar continued to provide a sense of security, stability, and reliability amid the constantly changing realities of a global pandemic.

Anthony’s history with Jerry and his family dates back nearly a decade. In fact, Anthony was a vital part of the team that helped successfully transition Jerry into a UCP-owned community home. Over the years, Jerry had many DSPs and supervisors enter his life, only to leave. As a result, he withdrew and became reluctant to form relationships. Anthony recognized Jerry’s need for stability and consistency; he made a vow to be that for him.

Anthony is not only large in frame; he has a huge heart. And he has served as a tower of strength for Jerry’s family since the father passed away some years ago. Knowing that both Jerry and his family were grieving, Anthony made a point of reassuring the mom that her son was in good hands. Since then, he has nurtured a close relationship with Jerry’s mother and siblings, so much so that they invite him to family gatherings to show their appreciation for his devotion to Jerry... and to them.

essential, award-winning work
In recognition of his efforts, Tony was nominated for and recently recognized as Family Relationship DSP of the Year at the 2022 We Are Worth It Award ceremony presented by PAR, the premier disability advocacy organization in Pennsylvania. While clearly Tony is not in it for the awards, he will tell you that the outcomes of the work he does—the smiles, achievements, confidence, and TRUST that he helps Jerry experience—are what make it all worthwhile.

what you’ve made possible
The work we do is essential. So is your support. For the past 70 years, UCP has relied on the generosity of a supportive community to provide a network of services that has expanded to include people of all ages and abilities. Thanks in part to this support, we have had a profound impact across the lifespan for generations of Pennsylvanians.

Most recently, we have been able to acquire items to meet specific individual needs across our service area, such as:
- An overhead lift system to improve the care of an individual in one of our residences
- Furniture for several residential homes to replace heavily worn pieces
- A communication device for an individual who needs a little extra support in that area
- Assessment tools to expand options available to Early Intervention therapists
- Multiple paper shredders for Community Participation Supports (CPS) locations to assist with prevocational activities
- Technology to enhance group activities for CPS participants
- A vending machine for our Administrative Office that provides a job for an individual with a disability--and extra income for our Family Support Services

beyond the statistics
UCP is currently a $45 million service organization offering programs and services across the lifespan from 35 locations in 22 PA counties. While COVID had an impact on our ability to deliver some in-person services, we were still able to provide critical supports to more than 3,100 people over the course of the past year. Already in this fiscal year, we have made a powerful difference in the lives of 2,200 individuals and families. These numbers represent much more than statistics. They are a snapshot of the countless ways UCP leadership and staff have empowered individuals to continue to experience life without limits in whatever way is most meaningful to them.

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