

### **I stay at UCP because....**

I happened upon UCP almost by accident. I have stayed because I adored spending time with the individuals I work with. During my time here, I haven't felt like I was just an employee, but also a friend, a confidant, and an advocate; something particular to this kind of work. At CPS, it's exciting to see one of the participants get excited about something new they did or a new place they visited. Witnessing changes in their interests and skills is rewarding.

### **My advice for new staff...**

I'll share a piece of advice I received from someone at UCP that offers a perspective I've turned to many times -- when something about the work becomes stressful, recharge by being around the individuals.



**Christine Crater**  
Supervisor, CPS Lewistown

*Celebrating 5 years*

