Highlights
UCP CENTRAL PA
UCP FOUNDATION
2019-2020
A Leadership Change

In December 2019, for the second time in three years, UCP experienced a change at the top. While there was a new person in the President/CEO position, it was a familiar name, and a steady, long-time UCP team member at the helm: Janeen Latin. In early 2020, UCP leadership and staff recommitted ourselves to be ONE TEAM with ONE MISSION: to do everything in our power to forge a better life for those with differing abilities.

An Unprecedented Challenge

Just four months into Janeen’s tenure as CEO, the programmatic and regulatory landscape in which UCP operates changed—significantly and indefinitely—as a result of COVID-19. A hallmark of UCP’s capacity and capabilities as a leading disability services provider—the ability to adapt and grow to meet evolving needs—was challenged like never before. And UCP rose to the challenge.

3 Key Strengths

Across our service divisions, UCP responded to the new realities of supporting this most vulnerable population with our three hallmark strengths:

1. **Adaptability** in adjusting and altering operations to align with new and constantly changing health and safety protocols

2. **Innovation** in the development of alternative services and delivery systems

Patsy and Russell have actively participated in UCP’s Community Participation Supports (previously Branch Creek Neighbors adult day program) for a combined total of 27 years. Along with their peers, Patsy and Russell split their time between on-site and community-based activities, including volunteer opportunities. With the onset of COVID-19 and the subsequent shuttering of all CPS locations in mid-March, participants were left struggling with how to meaningfully fill their time. UCP initially responded to the need with the offer of Remote CPS. UCP supervisors email scheduled activities to participants who can sign up for various time slots. In addition to craftmaking, activities include games like hangman, spelling bees, word searches, picture finds, math skills, and reading comprehension. Bingo and UNO are also popular pastimes.

For those participants who are authorized to receive one-to-one services, UCP delivers CPS-At-Home. These customized sessions are designed to match each individual’s interests and preferences. For example, Pasty loves when staff read to her. She also likes to write letters to a friend, so staff work with her on letter writing skills. They go for walks, have picnics in the park, play board games and card games, and assemble puzzles. Russell, the social butterfly of his CPS group, struggled following the CPS closure. One day, his parents reached out to UCP to say Russell was having a really difficult time. He didn’t want to get out of bed other than to eat. The CPS supervisor offered to come to their home and to meet with Russell outside in order to maintain social distancing. The parents gladly accepted the offer. Russell immediately jumped out of bed and went out on the porch to wait. Russell and the staff member laughed and talked about different things. His parents signed him up for CPS-at-Home that same day. Since then, he has enjoyed every bit of his one-to-one time with staff.
Molly Moskalczak, the adorable blue-eyed daughter of UCP IT Specialist Ryan Moskalczak and his wife Jennifer, was born in July 2019 at full term. An earlier routine ultrasound revealed a heart defect that led to additional testing... and ultimately the diagnosis of an extraordinarily rare chromosomal disorder. Molly was born with a number of congenital heart issues which required her to undergo two open heart surgeries in the first six months of her life.

She went home from the hospital in late September and began receiving Early Intervention services from UCP in October. Molly had weekly physical therapy sessions and biweekly occupational therapy sessions, as well as supplemental PT/OT at Penn State Hershey Medical Center. Doctors were thrilled with her progress, and with the unbelievable “inchstones” she was able to achieve. These tiny victories became shared milestones for Molly, her parents, and her therapists.

Then came the onset of the COVID pandemic. At first, all early intervention therapy came to an abrupt halt due to the requirement for social distancing... something that is especially difficult when you’re a therapist doing hands-on work with young children and their parents. Still, UCP’s team of therapists demonstrated their continued commitment to the ongoing development and progress of their young charges. They began actively exploring alternatives to in-person therapy. Through the adoption of Tele-intervention (an online therapy model), Molly was able to resume her therapies after only a brief lapse in service.

While teletherapy has proved to be challenging at times, UCP therapist Diane Isham said it is also deeply rewarding. “It has empowered parents to do more trial and error in their hands-on work with their child. It has shown them that they can be the ones affecting the change in their child... and that’s what it’s all about.” Molly’s mom, Jenn, seconds that. She agreed to share Molly’s story in the hope that another family might benefit from their experience. “Teletherapy has been fantastic. It keeps Molly safe. It keeps us safe. It keeps the therapists safe. But it has also allowed Molly to continue making progress in her journey. And that gives us hope.”

You help make a difference. Every day.

For the past 67 years, community support of UCP has enabled us to provide a network of services across the lifespan for people of all ages and abilities:

- Infants and toddlers with a disability or developmental delay--like Molly above--benefit from early intervention therapies and support.
- At the other end of the lifespan, many older adults are increasingly in need of additional supports to remain as independent as possible in the home and to continue to be a vibrant part of their community.
- For all ages in between, there is a greater need than ever for a full range of transitional services and supports—including employment services, habilitation, and community participation supports—that empower individuals with disabilities to lead full lives... in every aspect of their lives.

Today, UCP is a $35 million service organization offering programs and services across the lifespan from 33 distinct locations in 20 PA counties. Last year, thanks in large measure to the generous financial support of a caring community, we served more than 2,600 people. Already in this fiscal year, we have made a powerful difference in the lives of a similar number of individuals and families. These numbers represent much more than statistics. They are a snapshot of the countless ways we have helped others experience life without limits... even in the midst of a global pandemic.
**Childhood and Ancillary Services / 1,265**
- **Early Intervention / 348**
  Provides a variety of therapies and other supports for children from birth to age 3 who are experiencing or at risk for developmental delay
- **Family Support Services / 340**
  Offers a unique, multi-tiered system of support for parents, siblings, and extended family members of individuals with disabilities
- **Assistive Technology / 555**
  Offers assistive technology devices, equipment, services, and supports that make every day independence day
- **Evening Respite Services / 22**
  Friday evening respite care for families and caregivers

**Community Participation Supports (CPS) / 274**
Features a forward-looking approach to the traditional center-based adult day program (offered at 14 program sites in 6 Central PA counties)

**Residential Services / 47**
Provides fully-staffed homes where adults with disabilities can learn, grow, and nurture relationships with their housemates
- **Homes / 16** community homes for **40** individuals
- **Apartments / 7** apartments for **7** individuals

**Home and Community Services / 91**
- **Community Habilitation / 45**
  Provides one-on-one support, training, and opportunities that help adults with intellectual and developmental disabilities live as independently as possible
- **Employment Supports / 46**
  Provides support, resources, and access to competitive, meaningful employment for individuals of all abilities

**Home Care Services / 175**
Offers non-medical, in-home personal care and other support services for older adults and those with disabilities who need additional support in the home

**Agency with Choice, Participant Directed Services / 745**
This support service model gives individuals the freedom to direct their own services, both at home and in the community
The Smiles Behind the Statistics

Statistics are useful, but they don’t tell the full story. Left unmentioned and most importantly UNSEEN are the countless ways your generous support has allowed us to empower those whose lives we touch. Just as important as any quantifiable outcome... your support helps these individuals experience the simple joys of everyday life that we all too often take for granted. SEE for yourself:

Our collective efforts to live out our mission and pursue our vision are reflected in the many ways UCP participants experience life without limits... even in the most challenging of times.

Despite what our name may seem to imply, cerebral palsy is just one of more than 80 conditions and diagnoses for which UCP provides care and services. A listing of the most prevalent diagnoses or conditions of the people who benefited from our services over the past year includes:

- Intellectual disability
- Developmental delay
- Cerebral palsy
- Traumatic brain injury
- Multiple Sclerosis
- Diabetes
- Stroke
- Down syndrome
- Autism
- Premature birth
- Alzheimer’s/dementia
- Arthritis

Just being a kid

Growing by leaps and bounds

Enjoying a day at the ballpark

Staying safe... amid a pandemic

Thankful to be working
For over a decade, the UCP Foundation of Central PA has provided an outlet for people who are passionate about their desire to support the work of UCP. Together we have harnessed the financial power of our community--individuals, families, small business owners, corporations, and fellow nonprofit agencies--in support of a common purpose: life without limits for people of all abilities.

As of June 30, 2020, the UCP Foundation had net assets of $4,464,733. Your investment in the UCP Foundation--through a financial gift or one of several planned giving vehicles--marks a direct investment in vital programs and services that have a life-changing impact for thousands of individuals and families right here in Central PA.

The need for our essential services has never been more vital...just as the need for your continued support has never been more necessary.

The UCP Foundation--with the assistance and support of sponsors, donors, and volunteers--hosts five fundraising events over the course of a typical year, with proceeds benefitting UCP programs and services. We all know this past year has been anything BUT typical. We held the UCP/SchmidtKramer Golf Tournament in August 2019 and the UCP Annual Holiday Gift Wrap in December. We were incredibly fortunate to be able to hold our Magic Night Gala on March 7, 2020. Then, just one week later, schools and businesses across the state were forced to close under the growing threat of COVID-19. Out of an abundance of concern for the health and safety of our staff, volunteers, and attendees--and given COVID-related mandates with regard to social distancing--UCP made the difficult decision to cancel the UCP/Senators Sports Auction in June. Highmark pivoted to a virtual Walk for a Healthy Community. Together, the four events generated $156,000 in gross revenue.

Each year, the UCP Foundation Grant Allocation Panel receives and reviews proposals for funding submitted by UCP staff to cover the cost of a variety of unfunded or under-funded program needs. In 2019-20 the Panel saw a significant drop in program funding requests. The Panel recommended and obtained funding from the UCP Foundation Board of Directors in the amount of $19,484 in support of a sensory room, technology, jobs skills training equipment, and social skills training for CPS; technology for Early Intervention; and support of the Family Fun Fair event.