



15 years

Living the principles



“

*I can't say that I have one moment in particular that stands out in my mind over the past 15 years. Rather, I find it amazing how often I'm in a situation where I'm working to give to others in some way, yet I end up getting so much in return. I especially like it when a participant has suggested new ways to take care of him or herself to better accommodate their own needs ... and then I find that I am able to later use that to the benefit of someone else.*

”

JODY ATTIG

Direct Support Professional - Home Care

# JODY ATTIG

*in her own words*

“

What has kept me at UCP for 15 years is this: I enjoy working with the elderly and helping them with their daily needs. The ongoing training that I receive from UCP ensures that I continue to perform at a professional level, utilizing best practices. In this job, effective communication is key. I also greatly appreciate the benefits and the extra activities that UCP offers my family and me.

”

## words of wisdom:

*“Make sure you follow the Direct Support Professional Manual and if there are any questions, you need to contact the proper staff. Above all, **be patient with the participants and show them the same respect that you would your own family.**”*



## about Jody...

*“Jody is so committed to her role as a DSP that she routinely offers to pick up shifts with a participant who has dementia so that he is with someone he knows and can trust. She is compassionate and does little things to brighten the day of others. Jody brings to the table her extensive knowledge and skills to share with others. **Participants truly trust her and know that they can count on her to ensure they get the best possible care.** Jody has been nominated many times for STAR and ACE awards, and has been nominated for Pennsylvania Home Care Association’s Direct Care Worker of the Year. We are so blessed to have her as part of this team.”*

*~ Angela Griffith  
Director, Capital Home Care*