Family Support Services
...a family-driven program for parents, siblings, and extended families of children with disabilities serving Cumberland, Dauphin, Perry, and Northern York counties

Family Support Services

UCP’s Family Support Services is honored to host,
Penn State Children’s Hospital Pediatric Injury Prevention Program.

**Family Bowling**

**Trindle Bowl**

**Saturday, February 22, 2020**

1:00 PM to 3:00 PM

Families who have a child with differing abilities are invited to join us for an afternoon of fun and socialization.

Siblings are welcome.

This event includes 2 games and shoe rental.

A $3.50 per player donation is suggested.

**Please note, additional games can be purchased for $2.50 per person, per game and is payable to Trindle Bowl upon completion**

*Registration Required* Please RSVP by Wednesday, February 19th at: familysupportservices@ucpcentralpa.org or call 717-737-3477.

Snack bar will be open for food and beverage purchases.

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Penn State Health Children’s Hospital

Injury Prevention for Children with Special Healthcare Needs

Thursday, March 26, 2020

6:30 PM – 8:00 PM

Glenn Patrick Hoffman Conference Center

(within UCP Central PA’s office)

55 Utley Drive Camp Hill, PA 17011

Emmy Sasala, MEd, CPSTI is the Trauma Prevention Coordinator of Penn State Children’s Hospital’s Pediatric Trauma and Injury Prevention Program. Emmy is also a Coalition Coordinator for Safe Kids Dauphin County which provides operation support for keeping children safe. Based on the needs of the community, this coalition implements evidence based programs that help parents and caregivers prevent childhood injuries.

Light refreshments will be provided. Registration is required.

Please RSVP by Friday, March 20th by email familysupportservices@ucpcentralpa.org or phone 717-737-3477

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Family Activities are sponsored by UCP Central PA’s Family Support Services and provide an excellent opportunity for families of children with disabilities to get together for fun and fellowship in a relaxing atmosphere.
SibShops are:

- A recreational support forum for siblings of a child with a disability.
- For children ages 6 to 12 years old.
- Includes discussion, games, crafts and lunch.
- Held Saturday mornings from 9:30 AM to 12:00 PM.
- $25 for all four Saturdays.

Sibshops are held at the UCP Central PA Main Office
55 Utley Drive, in Camp Hill.

Space is limited. Registration is required by Friday, February 22nd, 2019.

For more information or to register your child, please call (717) 836-0673 or email:

Spring 2020
March 7
April 4
May 2
May 30

Family Art Night is coming!

Art night will be held in April!

Stay tuned for details.

UCP Respite Care Program

The Friday Evening Respite Care Program is held on Fridays from 6:00 PM to 10:00 PM at either the Carlisle or Mechanicsburg location.

For more information visit: https://www.ucpcentralpa.org/services/family-support-services/

Questions about funding options, contact Amanda or Bernadette by calling 717-737-3477 or send us an email:

Email: familiesupportservices@ucpcentralpa.org

- To sign up for respite care at either location before 5pm on Wednesday, please contact familiesupportservices@ucpcentralpa.org or call 717-737-3477.
- You must receive a confirmation of your registration in order to participate. We cannot accept “walk-ins”. We maintain adequate participant/staff ratios for a safe environment.
- A minimum of six participants are required to run the program. We will notify you if we do not have enough participants.
- Our NEW Carlisle location offers a bright, cheerful clean space with a full SENSORY ROOM!

Two Locations:
Carlisle: 1911 W Trindle Rd, Carlisle 17013
Mechanicsburg: 6 State Rd, Mechanicsburg 17050

Community Links offers resources on child development, educational development and advocacy, social/emotional development and learning, community inclusion, adult Medicaid Waivers, local events and much more!

https://www.community-links.net/